

# Kilimanjaro with the Children

Climbing to raise awareness that "disability is not inability!"



#### The Cause

In many areas of the world, people with disabilities are viewed as cursed, leading to their neglect, abandonment, abuse, rape, and murder. According to the World Health Organization, "A billion people in the world, 15% of the population, have a disability severe enough that it limits their participation in family, community and political life." Among these, children with disabilities are one of the most marginalized and excluded groups in society.

#### **The History**

In 2016, **Kupenda for the Children**, an American nonprofit organization, teamed up with **Kuhenza for the Children** in Kenya, and the tour company, **HGT Travel Foundation**, to arrange an experience never before attempted: hiking the tallest mountain in Africa alongside children with disabilities. Three Kenya children with disabilities were selected among the Kupenda / Kupenda beneficiaries and joined by 10 American hikers and 3 Kenyan adults!

#### **The Outcomes**

This trip raised over **\$50,000** that helped support children with disabilities in East Africa and is being celebrated in a powerful full-length **documentary** that will debut in late 2018. In addition, the 7-day trek was followed by sensitization events in Kenya and Tanzania that raised awareness about the rights, needs and abilities of children with disabilities. These events improved community members' attitudes toward children with disabilities and inspired people to come together to include children with disabilities in their communities, and connect them to proper education and medical care.





### The 2018 Hkes

Now, Kupenda, Kuhenza and HGT are at it again! Come join us to accompany a new team of children with disabilities up Mt. Kilimanjaro! This is not a 5K charity run or a Christmas donation check – this is a chance to summit a mountain that **less than .1% of the population** will ever set foot on and to do if for a cause that impacts more than 1 billion people with disabilities world wide! To get started just pick one of these trip options and contact Tony Monaco to learn more and access your application: **Tony@hgttravels.com.** 

Dates	Details	Fundraising Goal
July 24 – Aug 12, 2018	<ul> <li>Disability Advocacy Activities with Kupenda for the Children in Kenya</li> <li>Kilimanjaro Hike + Disability Advocacy Activities in Tanzania</li> </ul>	<b>\$7,500</b> (Not including airfare)
August 1 – 12, 2018	Kilimanjaro Hike + Disability Advocacy Activities in <i>Tanzania</i>	<b>\$5,000</b> (Not including airfare)
Dec 28, 2018 – Jan 15, 2019	<ul> <li>Disability Advocacy Activities with Kupenda for the Children in Kenya</li> <li>Kilimanjaro Hike + Disability Advocacy Activities in Tanzania</li> </ul>	<b>\$10,000</b> (Not including airfare)
Dec 28, 2018 – Jan 8, 2019	Kilimanjaro Hike + Disability Advocacy Activities in <i>Tanzania</i>	<b>\$7,000</b> (Not including airfare)





## WANT TO LEARN MORE?

Meet your guide, review the trip itinerary, check out the packing list and get fundraising and training tips here: <u>http://www.hgttravelfoundation.org/charity-climbs/kilimanjaro</u>

Learn about the last 2016 hike and "meet" the 15 hikers here: https://www.kupenda.org/kili/