

## Kenya Volunteer Trip with Kupenda for the Children



As a volunteer with Kupenda, you will spend time with children with disabilities, their families and the community leaders we are training to support and advocate for their care. All volunteers will have an opportunity to play with the children and introduce them to new games, sports and crafts. Volunteers with certain medical, education or advocacy skills may also be engaged in programmatic discussions and activities to help support our work. As part of the volunteer experience you will also learn about Kenya's rich culture and the Kupenda's 20-year history working in the Kilifi County to help children with disabilities.

### How You Will Make a Difference

Projects in Kenya are constantly changing, so it's good to be flexible. You could be working in a special education classroom, supporting an income-generating project, or participating in an advocacy workshop. In the past, our volunteers have:

- Supported Kenyan professionals in making medical and education assessments
- Provided business training to incoming generating groups
- Trained staff on photography, writing or computer skills
- Assisted with disability advocacy trainings for parents or pastors
- Helped with construction & painting projects
- Assisted with parent support groups
- Organized youth sports
- Organized office systems and paperwork

### Dates and Cost

- 10 days, including travel time
- Dates: TBD
- Cost: TBD

### What's Included:

- 3 meals / day
- Accommodations in Watamu, Kilifi
- Pickup and drop off from Mombasa Airport
- Medical and accident insurance
- Monthly pre-departure meetings
- Fundraisings templates and support
- Personalize assistance and Kupenda staff in the U.S. & Kenya



### What's Not Included:

- Airfare to and from Kenya
- Visa to Kenya
- Immunizations for Kenya
- Spending money for souvenirs or activities

### How Can I Prepare for My Trip?

Understanding the nature of Kupenda's work and the reasons we do it will help you to have a more in-depth and meaningful experience during your time in Kenya. Here are some ways you can learn more about our programs and model:

- Serve as a Kupenda **volunteer or intern** in the months prior to your departure,
- Meet and **interview** current staff and past volunteers to Kenya,
- Begin to follow us on **social media**,
- **Read** our website, technical brochures, blogs and success stories,
- Invite Kupenda to co-host a **house party** where you can share information about the organization and trip with your friends and family and gain their support,
- Attend all **pre-trip volunteer meetings** so you can come to know those you will be traveling with and gain important logistical and cultural information about your trip.



### TO LEARN MORE...

Email us at [kupenda@kupenda.org](mailto:kupenda@kupenda.org) to find out more and receive a trip application!