Improving Quality of Life Through Informed and Supported Care: May Updates From Kupenda

Dear friend,

This month's newsletter highlights the obstacles that children with disabilities and their families overcome, including a lack of access to maternal and child healthcare, discrimination in sexual and reproductive healthcare, and widespread communal stigma. Although Kupenda supports these families in overcoming obstacles, their continued success is a testament to their own strength and perseverance.

We are incredibly grateful for your continued support of Kupenda's work and, in turn, our Kenyan families!

In love and gratitude,

Cynthia Bauer

Cynthia Bauer

Kupenda's Founder and CEO

Misconceptions in Sexual and Reproductive Health

Hear from two Kenyan women with disabilities about the stigma and discrimination they face when accessing sexual and reproductive healthcare services.

How Counseling Services Empower Families Impacted by Disabilities

Learn how Kupenda counsels families on how to accept and support their child's disability!
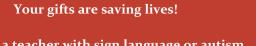

Becoming Mothers
After her own birth experience, Jessica Charles Abrams reflected on the challenges faced by our Kenyan mothers and the ways that Kupenda is partnering with community leaders to improve conditions.

A Cause That Everyone Can Connect To

Hear from Kupenda Advisory Committee Member, Mike Thompson, about his role and perspective on Kupenda's work.

Thank you for your generosity!

Your gifts are saving lives!

· **$10 provides a teacher with sign language or autism training**

· **$20 secures a month of epilepsy or diabetes medicine for a child**

· **$50 equips a local leader to counsel 16 families per month**

· **$500 funds a support group for 30 parents**

To help even more children access this care, consider becoming a child sponsor or make a donation here.

Visit our Website