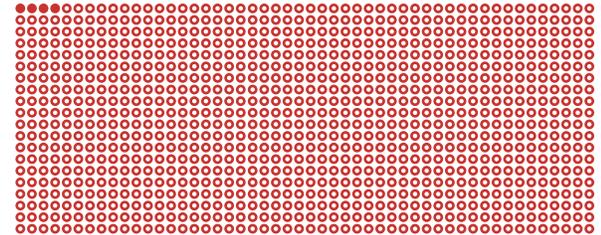




CEREBRAL PALSY

DESCRIPTION²

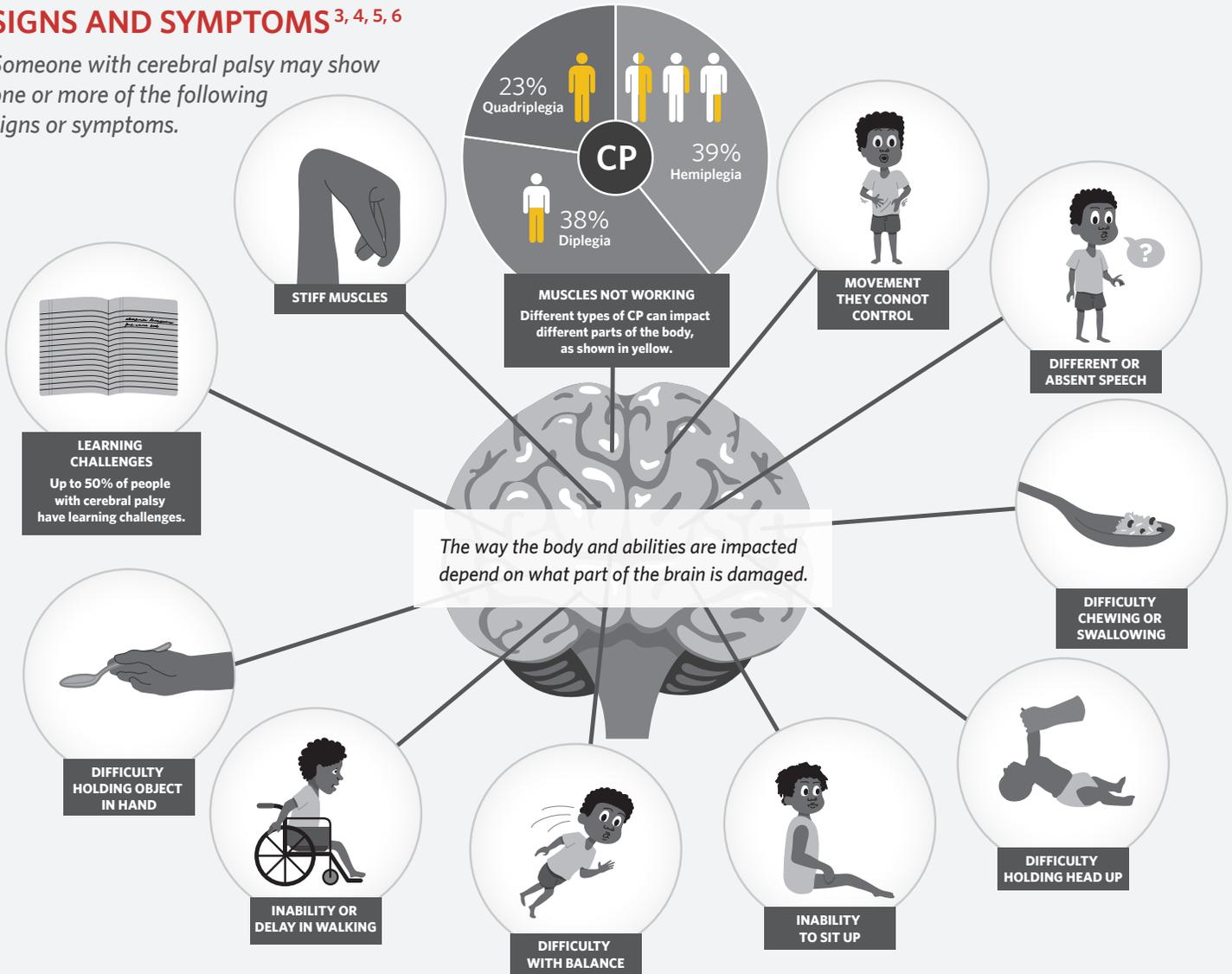
Cerebral palsy (CP) is caused by brain damage to children below the age of 5 that impacts their muscles and ability to move and balance. The damage to the brain does not get worse over time, but new challenges may occur as they age.



1-4 out of every 1,000 people have cerebral palsy.¹

SIGNS AND SYMPTOMS^{3, 4, 5, 6}

Someone with cerebral palsy may show one or more of the following signs or symptoms.



POSSIBLE CAUSES AND RISK FACTORS 7, 8, 9

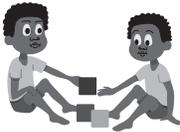
| | | | | |
|--|---|---|---|--|
|  <p>DAMAGE to certain parts of brain before or during birth or in early years</p> |  <p>OXYGEN DEPRIVATION before or during delivery or from other conditions</p> |  <p>PREMATURE BIRTH child is born too early</p> |  <p>INFECTION from diseases that damage the brain</p> |  <p>INJURY to the brain from accidents</p> |
|--|---|---|---|--|

INTERVENTIONS 10, 11, 12, 13

Professional

| | | | | |
|---|---|--|--|--|
|  <p>MEDICATIONS</p> |  <p>SURGERIES</p> |  <p>PHYSICAL THERAPY</p> |  <p>SPEECH THERAPY</p> |  <p>SPECIALIZED EDUCATION</p> |
|---|---|--|--|--|

Family/Community

| | | |
|--|---|---|
|  <p>HEALTHY DIET</p> |  <p>DAILY PLAY</p> |  <p>HOME-BASED THERAPY</p> |
|  <p>DO NOT MOCK OR STARE</p> |  <p>DO NOT ABUSE OR PHYSICALLY PUNISH</p> |  <p>JOIN/FORM A SUPPORT GROUP</p> |

Family/Community (For those with trouble swallowing)

(AROUND 30% OF CHILDREN WITH CEREBRAL PALSY MAY HAVE THIS PROBLEM)

| | |
|---|---|
| <p>FEED THEM SMALL AMOUNT AT A TIME</p>  <p>MAKE SOFT FOOD</p> |  <p>FEED CHILD IN SEATED POSITION</p> |
|---|---|



JEREMY

Jeremy has CP that limits his ability to move his arms and legs and speak clearly. When he was younger, his mother abandoned him because he had a disability.

Since he could not walk, his grandmother carried him everywhere on her back. Most people in Jeremy's community believed his CP was caused by a curse. They did not believe he would be successful in life. As a result, Jeremy lived in isolation from his community.

Fortunately, Jeremy's life was transformed when Kupenda/Kuhenza helped him to enroll in a school. There he received therapy services and an education. He also met many friends, including his best friend, Mohamed, who also has CP.

Jeremy is now a disability advocate in his community and works to protect other children with disabilities from abuse.

Thanks to therapy, he is also able to walk, though slightly imbalanced. Mohamed helps Jeremy to walk more steadily by letting him push his wheelchair.

Jeremy and Mohamed can always be found telling each other stories, though others may not understand their speech. They show the world the value of friendship and helping others.

Art Director: Amy Allaire | www.amyallaire.com
Graphic Designer: Siwen Tao | www.siwentao.com

INTERVENTIONS CONTINUED . . .

Family/Community (For those who are unable or have difficulty moving on their own)



**ENSURE THEY HAVE
CLEAN CLOTHES**



**CHANGE THEIR
POSITION OFTEN**



**PROVIDE PAMPERS
(NAPKINS)**



USE TOILET ADAPTATION



**BATHE THEM AFTER
SOILING THEMSELVES**



**PROVIDE ASSISTANCE
DEVICES**

NOTES

1. "Data and Statistics for Cerebral Palsy," Centers for Disease Control and Prevention, last modified December 31, 2020, <https://www.cdc.gov/ncbddd/cp/data.html>.
2. "11 Things to Know About Cerebral Palsy," Centers for Disease Control and Prevention, last modified March 1, 2021, <https://www.cdc.gov/ncbddd/cp/features/cerebral-palsy-11-things.html>.
3. "11 Things to Know About Cerebral Palsy," Centers for Disease Control and Prevention.
4. "What Is Cerebral Palsy?" Centers for Disease Control and Prevention, last modified September 2, 2021, <https://www.cdc.gov/ncbddd/cp/facts.html>.
5. "11 Things to Know About Cerebral Palsy," Centers for Disease Control and Prevention.
6. "Cerebral Palsy: Hope Through Research," NIH: National Institute of Neurological Disorders and Strokes, last modified September 29, 2021, <https://www.ninds.nih.gov/Disorders/Patient-Caregiver-Education/Hope-Through-Research/Cerebral-Palsy-Hope-Through-Research>.
7. David Werner, *Disabled Village Children* (Berkeley: Hesperian Health Guides, 2018), 87-112.
8. "11 Things to Know About Cerebral Palsy," Centers for Disease Control and Prevention.
9. "Cerebral Palsy: Hope Through Research," NIH: National Institute of Neurological Disorders and Strokes.
10. "11 Things to Know About Cerebral Palsy," Centers for Disease Control and Prevention.
11. "What Is Cerebral Palsy?" Centers for Disease Control and Prevention.
12. "Cerebral Palsy: Hope Through Research," NIH: National Institute of Neurological Disorders and Strokes.
13. Werner, *Disabled Village Children*, 87-112.